

<b>Clothing, Bags &amp; Jewelry</b>	
Beauty by Jeunique	Free custom bra fitting & 10% discount on regular priced items.
Beijo Handbags & Accessories	10% discount. Contact Brenda Reinke 712-476-5777
Changeable Charm Jewelry	10% off any item. Contact Deb Speckman 712-277-8221
Dress Forms Design Studio, LLC	10% off all design, alteration & styling services. Free custom veil with custom wedding gown.
Greenberg Jewelers	20% off regular priced jewelry (some restrictions apply). 10% off sale items. (Discounts can be taken at Southern Hills Mall store.)
LaVentura	An extra 10% off clearance priced merchandise.
Mainstream Boutique	10% discount on purchases. Jackie Smith, 712-898-0477
Pursefully Yours	20% off any regular priced purse. Free purse(s) when you host your own purse party. Contact Rachel Law 712-372-9718.
Randall's Formal Wear	10% off regular price tux rentals & regular price sale items.
Sandy Keane's School of Dance	50% off one item of merchandise in our all occasion gift shop per woman per year (need not be a dancer).
Yunker's	15% off a single regular or sale price apparel, or accessory item or save 10% on a single regular or sale price home item. Normal exclusions apply.
<b>Floral, Home Décor &amp; Gifts</b>	
A Step In Thyme Floral	Free flower delivery for the Sioux City, South Sioux City & Dakota Dunes areas.
Beth's Flowers on 4 <sup>th</sup>	15% off a regular priced item. (Excludes special orders.)
Book People	10% off all purchases except for hardcover books that are already discounted 20%!
Empty Nest	5% off all regular priced merchandise. Not valid with other promotions.
Home Interiors & Gifts	25% off (\$50 purchase). Contact Maria Tostado 402-494-2695
House Dressing	Enjoy 10% off regular priced items. (Does not apply to special orders or sale items)
Hy-Vee	Free mylar balloon with purchase of any floral arrangement. All Sioux City & South Sioux City locations.
Image by Design	10% off purchases. Special pricing on product packages.
Johnathan Blake Home Décor	10% off any in-stock, regular-priced accessory items
Mosher's Greenhouses & Landscaping	10% discount on all regular priced merchandise. (Excludes items on sale, labor charges when applicable & discounted specials. Cash & carry only)
The Glass Apple Gift Shop at St. Luke's	20% off a single item. Not valid on logo wear, sundries, fresh floral or with any other offer.
Usborne Books	10% off orders of \$25 or more! Call Debbie LaCroix 605-232-8888.
Viva	20% discount on any regular priced item.
<b>Restaurants</b>	
Aggie's	10% discount on a meal.
Casa Del Rey	Purchase one regular priced entree & receive second for half price. (Not valid on any other specials or discounts. One per person per visit.)
Graham's Grill & Pub	Buy one dinner entree & receive the 2nd dinner of equal or less value at half price.
Panera Bread	10% discount.
Perkins Restaurant	15% discount. No limit on the number of visits or guests in the party as long as the Spirit of Women member is the one paying. Offer good for 2010.
Pickerman's	10% discount on purchases.
The Sugar Shack Bakery	\$2 discount on a large cookie bouquet. \$1 off any cake order. 700 Jennings, Sioux City, 712-252-5598

Health Care & Fitness	
Becky's Massage & Body Therapy	\$10 off the price of a 1 hour massage, hot rock treatment or ear candeling. 4700 Gordon Drive, Ste 101, Sioux City, 712-253-2451
Isagenix	Receive a free bottle of Natural Accelerator Capsules, Metabolism Boost, with your first order of \$100 or more. Contact Dorothy Barto 712-252-5215. (\$29.95 retail value)
Kruse-Manley Clinic of Chiropractic	Free ½ hour massage with initial chiropractic office visit.
Ladies Workout Express	50% off registration fee or \$5 off monthly dues. (Not to be combined with other offers)
Siouxland Dental Health	\$50 off whitening (regular price - \$248)
St. Luke's Center for Heart & Vascular Health	\$5 discount on each of the tests in the Vascular Screening Program for circulatory diseases. All are non-invasive, painless and quick: carotid scan, abdominal aortic scan and screening of the lower extremities for peripheral arterial disease. Call 712-279-3257.
Ultimate Fitness	\$50 off initiation fee & \$19.95 + tax per month single membership. \$20 for one addition from same household. All adult group fitness classes included with membership.
Salon, Spa & Skin Care	
Arbonne	50% off first order for new wholesale buyers. Contact Lori 712-943-4248.
BeautiControl	Free anti-aging consultation for you & a friend & \$20 gift certificate to spend at consultation. Valid with Christi Reynolds only. 204-2287
Belle Touche Salon & Day Spa	10% off Aveda products.
Body & Soul	One free makeup lesson & 10% off retail purchases.
Mary Kay Cosmetics	Free makeover with skin care & color consultation. Free gift at initial appointment. Cheri Van Valkenburg, 712-233-3114
Rick & Company	\$5 off pedicure on Tuesdays, \$5 off spray tan, 25% off tanning packages, free conditioner with color on Thursdays.
Services	
FastFrame	\$25 off custom framing of \$100 or more. (Not valid for work in progress) Discount applies at time of ordering. Not valid with any other promotion.
Harold's Photo Centers	20% off any portrait session. Not valid with other offers.
Knoepfler Chevrolet	Free multi-point vehicle inspection. Free front end alignment with purchase of 4 tires. 10% discount on any non-sale item in our gift shop.
Kollman Appliance	Free major component warranty with every major appliance. (\$59.95 value)
The Quilting G	10% discount on machine quilting. Maralyn Grimoskas 712- 274-2353



You must present your current Spirit of Women membership key tag to take advantage of these discounts.

Visit [www.stlukes.org](http://www.stlukes.org) for the latest Spirit of Women calendar of events and membership information.