



Alcohol Testing

Tests are available 24 hours a day to meet the needs of the employer. Both current and prospective employees can be tested for the presence of alcohol in their bodies. Alcohol testing services provided by St. Luke's include:

- Breath alcohol testing using an evidential breath testing device approved by the National Highway Traffic Safety Administration and on the Conforming Products List.
- Trained and certified Breath Alcohol Technicians (BATS).
- Nationwide alcohol collection network.
- Administrative services.
- Computerized random selection program.

Testing Fees

A fee schedule is available upon request.

**For the life
of Siouxland.**

*Call St. Luke's Center for Occupational Health Excellence today for further information on establishing your Drug and Alcohol Testing Program.
877-412-4290*



ST. LUKE'S
IOWA HEALTH SYSTEM

Center for Occupational Health Excellence

4230 War Eagle Drive • Sioux City, IA 51109
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Drug and Alcohol Testing Services



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For the life
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St. Luke's Center for Occupational Health Excellence offers businesses and industries a complete employee drug and alcohol testing program, customizable to meet the needs of each employer.

Drug Testing (DOT/Non-DOT)

Drug testing programs help employers comply with federal drug testing requirements and meet their own specifications for drug-free employees. Drug testing services provided by St. Luke's include:

- Fast turn-around time on specimen testing for pre-employment, random, reasonable suspicion, post-accident, return to duty and follow-up drug and alcohol tests.
- Testing by a SAMSHA-approved laboratory.
- Medical review officer.
- Third party administrative services.
- Computerized random selection program.
- Nationwide drug collection network.
- DOT certified specimen collector training available.
- Random pod consortiums available.

Questions & Answers

What are the rules?

The DOT rules (49CFR Part 40) include procedures for urine drug testing and breath alcohol testing. The urine drug testing procedures were issued initially in December 1989 and in 1994 breath alcohol testing was added. In August 2008, these rules were rewritten to include significant updates and changes affecting all DOT agencies.

Who is affected by these rules?

The DOT rules cover more than eight million transportation employees who drive commercial motor vehicles under the FMCSA (Federal Motor Carrier Safety Administration). Other covered agencies include the FAA, USCG, RSPA, FRA and FTA. All companies who hire workers performing safety-sensitive functions governed by these agencies must comply with the regulations.

What types of tests are required?

- **Pre-employment** — Conducted before applicants are hired or after an offer to hire, but before actually performing safety-sensitive functions for the first time. Also required when employees transfer to a safety-sensitive position. (Drug test only applies to pre-employment. No pre-employment breath alcohol testing is required.)
- **Post-accident** — Conducted after accidents on drivers whose performance could have contributed to the accident (as determined by a governing DOT model) and for all fatal accidents. Drug tests must be conducted within 32 hours; breath alcohol tests must be conducted within two to eight hours.
- **Reasonable suspicion** — Conducted when a trained supervisor or company official observes behavior or appearance that is characteristic of drug or alcohol misuse.
- **Random** — Conducted on a random unannounced basis just before, during or just after performance of safety-sensitive functions.

- **Return-to-duty and follow-up** — Conducted when an individual who has violated the prohibited drug abuse and alcohol misuse standards upon return to performing safety-sensitive duties. Follow-up and return to duty tests are unannounced and must be observed collections. At least six tests must be conducted in the first 12 months after a driver returns to duty. Follow-up testing may extend for up to 60 months following return to duty.

What is my best resource?

St. Luke's Center for Occupational Health Excellence has a successful track record in providing a full-service drug and alcohol testing program, including a computerized random selection program. This service will provide your company with hassle-free random selections and meet federal requirements. St. Luke's offers the following services, either in a turn-key package or on an a la carte basis to suit each employer's individual needs:

- Drug Tests, DOT and Non-DOT
- Breath Alcohol Testing
- Certified BAT Tech
- Third Party Administration Services
- SAMSHA-Approved Laboratory
- Statistil Reports
- Medical Review Officer Services
- Computerized Random Selection Program
- Certified Professional Collectors

Compliance

The following percentages must be tested each year.*

	DRUG	ALCOHOL
• FMCSA-CDL	50%	10%
• FTA	25%	10%
• Pipeline	25%	0%

(*Percentages are reviewed annually and could be adjusted.)